

**It's never too late:  
Bringing the joy of music to adult students**

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**Presenter's Research:**

- Jutras, P. (2006). The benefits of adult piano study: As self-reported by selected adult piano students. *The Journal of Research in Music Education* (54) 2, 97-110. (Based on 2003 Ph.D. Dissertation, University of North Texas.)
- Jutras, P. (2009). The benefits of adult music study. *American Music Teacher* (59) 2, 21-22.
- Jutras, P. (2011). The Benefits of New Horizons band participation. *Bulletin for the Council of Research on Music Education*, (187), 65-84.
- Jutras, P. (2012). Investigating the purpose and benefits of learning an instrument as an adult. *Scientia Paedagogica Experimentalis* (47) 2, 331-352.
- Jutras, P., Kim, S. & Roulston, K. (2015). Adults perspectives of learning musical instruments. *International Journal of Music Education* (33) 3, 235.335.

**Selected Adult Learning Theory Resources:**

- Horn, J. L., & Cattell, R. B. (1966a). Refinement and test of the theory of fluid and crystallized general intelligences. *Journal of Educational Psychology*, 57, 253-270.
- Horn, J. L., & Cattell, R. B. (1967). Age differences in fluid and crystallized intelligence. *Acta Psychologica*, 26, 107-129.
- Knowles, M.S., Holton, E.F., & Swanson, R.A. (2008). *The adult learner: A neglected species*. (6<sup>th</sup> Ed.). New York: Elsevier, Butterworth-Heinemann.
- Tough, A.M. (1979). *The adult's learning projects: a fresh approach to theory and practice in adult learning*. (2<sup>nd</sup>. Ed.). Toronto: Ontario Institute for Studies in Education.

**Favorite Adult Music Readings (good for students to read):**

- Adams, N. (1997). *Piano lessons: Music, love, and true adventures*. New York: Delta.
- Holt, J. (1991). *Never too late: My musical life story*. Cambridge: Perseus (Originally published 1978, New York: Delacorte.)
- Maris, B.E. (2000). *Making music at the piano: Learning strategies for adult students*. New York: Oxford University Press.